



## OUTCOMES MATTER



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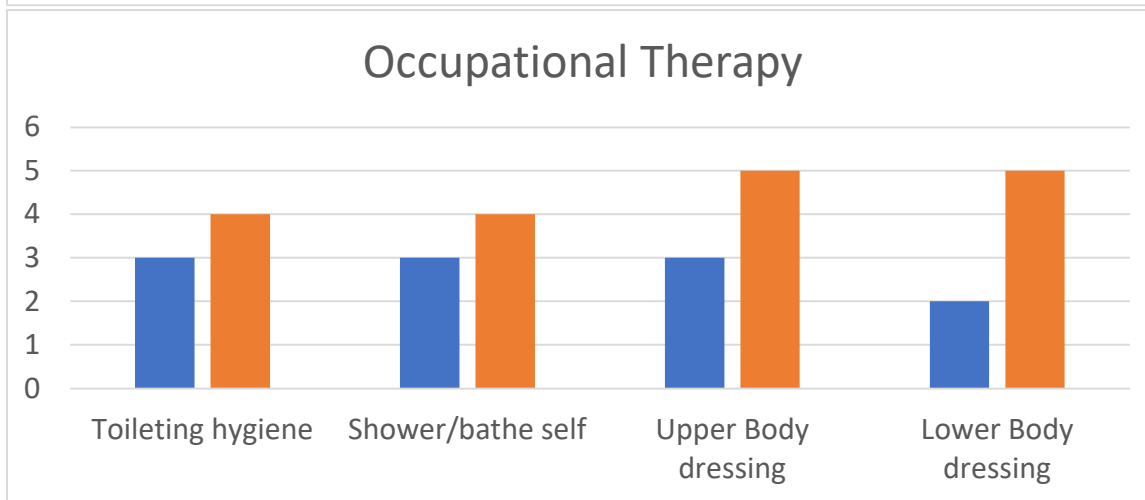
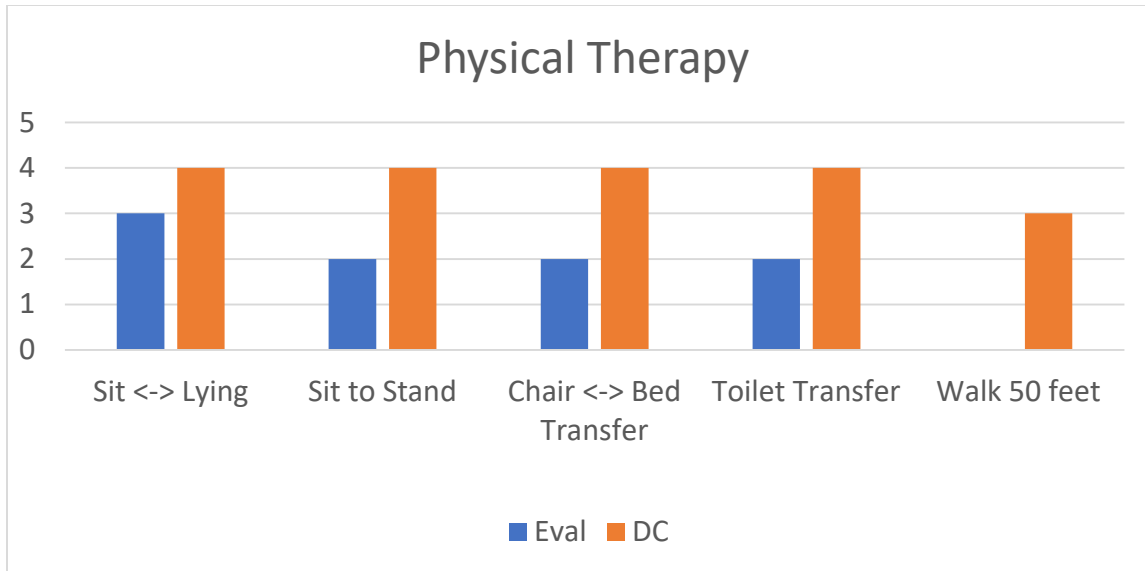
**Mrs. Samaha** is a 71-year-old female who was admitted to **Willowbrook Nursing & Rehabilitation Center** on 4/2/2024 from an acute care hospital due to shortness of breath and was found to be hypoxic.

PT evaluated Mrs. Samaha on 4/3/2024, and she was able to complete all bed mobility tasks with **Moderate Assistance** and was able to perform transfers with **Minimal Assistance** and was unable to ambulate. Recommendations were made for her functional mobility needs due to her increased levels of fatigue and weakness. Prior to her hospitalization, Mrs. Samaha was modified independent with all ADLs, transfers, and was able to ambulate using a Rollator Walker. PT set goals to focus on improving functional transfers, and balance with the goal of discharging home with home health services.

**OT** also evaluated Mrs. Samaha on 4/3/2024. She required Moderate Assistance with performing all toileting tasks and **Minimal assistance** during toileting transfers. Mrs. Samaha required **Moderate Assistance** with lower body dressing and shower/bathing. OT set goals to address increasing bilateral upper-extremity strength to improve Mrs. Samaha's ability to perform functional mobility, community mobility, and ADLs, as well as to perform transfers to/from shower with **Modified Independence** (assistive device or extra time needed.).

Following 7 days of skilled nursing and therapy services, Mrs. Bohon made significant functional gains with PT and was able to perform all bed mobility and transfers with Contact Guard Assistance. She was able to ambulate **40 ft** with a Front Wheeled Walker requiring minimal assistance. She also made modest gains with OT and was now able to perform all Activities of Daily Living with **minimal to moderate assistance**. Mrs. Samaha requested to discharge home and was able to safely discharge on 4/8/2024 with home health of her choice.

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MDS Section GG Functional Scores	
<b>06 - Independent</b>	Completes the activity by him/herself with no assistance from a helper
<b>05- Setup or clean-up assistance</b>	Helper sets up or cleans up; patient completes activity. Helper assists only prior to or following the activity.
<b>04 - Supervision or touching assistance</b>	Helper provides verbal cues and/or touching/steadying and/or contact guard assistance as patient completes activity. Assistance may be provided throughout the activity or intermittently.
<b>03 - Partial/moderate assistance</b>	Helper does LESS THAN HALF the effort. Helper lifts, holds, or supports trunk or limbs but provides less than half the effort.
<b>02 - Substantial/maximal assistance</b>	Helper does MORE THAN HALF the effort. Helper lifts or holds trunk or limbs and provides more than half the effort.
<b>01 - Dependent</b>	Helper does ALL of the effort. Patient does none of the effort to complete the activity. Or the assistance of 2 or more helpers is required for the patient to complete the activity.