



OUTCOMES MATTER



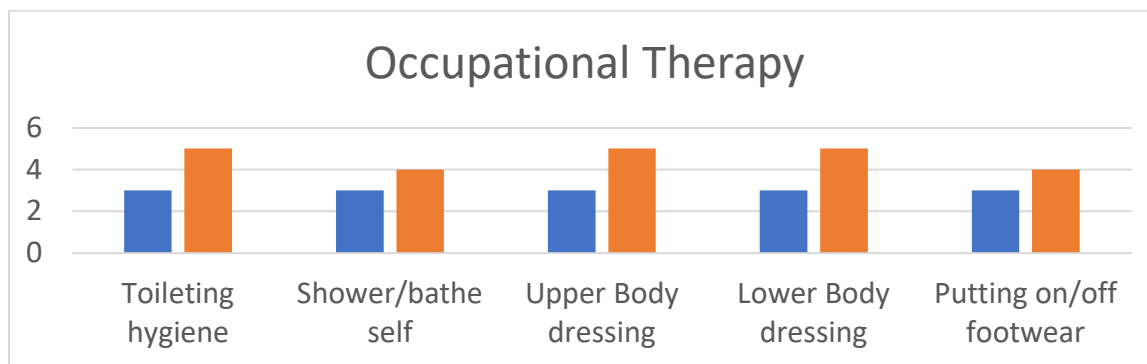
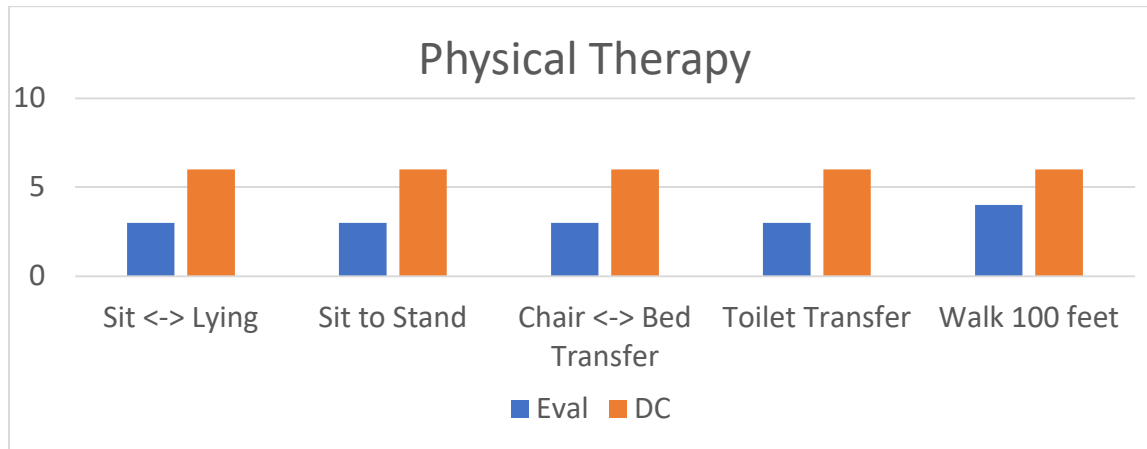
Mrs. Moore is a 76-year-old female who admitted to Willowbrook Nursing & Rehabilitation Center on 5/14/2024 from home by her Primary Care Physician due to functional decline.

PT evaluated Mrs. Moore on 5/15/2024, she was able to complete all bed mobility tasks with Contact Guard Assistance and required Contact Guard Assistance during transfers. She was able to walk 50-feet requiring Contact Guard Assistance and Verbal Cues for even step length. PT set goals to focus on improving functional transfers, balance, and gait, with the goal of discharging back to home with family support versus long term care.

OT evaluated Mrs. Moore on 5/15/2024, where she required **Moderate Assistance** with performing all toileting tasks and Minimum Assistance with toileting transfers. She performed upper body dressing and lower body dressing requiring Minimum Assistance and had poor activity tolerance. OT set goals to address increasing her bilateral upper-extremity strength and ROM for improved activity tolerance and functional task performance required during self-care tasks, activities of daily living, instrumental activities of daily living, as well as to perform transfers to/from shower chair with **Contact Guard Assistance** (assistive device or extra time needed) and Modified Independence.

ST evaluated Mrs. Moore on 5/16/2024 and she presented with dysphagia and swallowing difficulties. ST set goals to improve oral motor function with compensatory strategies where she would be able to manage thin fluids with minimal signs of aspiration to maintain nutrition.

Mrs. Moore made substantial functional gains following 19 days of skilled nursing and therapy services. PT impacted her ability to safely perform transfers with Modified Independence. Mrs. Moore was able to ambulate **750feet** with Modified Independence using a two wheeled walker. She also made significant gains with OT where she demonstrated the ability to perform all Activities of Daily Living with **Set-up Assistance**. ST helped improve her oral motor function and she is no able to safely manage thin fluids with minimal signs of aspiration and occasional coughing. Mrs. Moore was able to safely discharge back home with support from her son and with home health services of her choice.



| MDS Section GG Functional Scores | |
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| 06 - Independent | Completes the activity by him/herself with no assistance from a helper |
| 05- Setup or clean-up assistance | Helper sets up or cleans up; patient completes activity. Helper assists only prior to or following the activity. |
| 04 - Supervision or touching assistance | Helper provides verbal cues and/or touching/steadying and/or contact guard assistance as patient completes activity. Assistance may be provided throughout the activity or intermittently. |
| 03 - Partial/moderate assistance | Helper does LESS THAN HALF the effort. Helper lifts, holds, or supports trunk or limbs but provides less than half the effort. |
| 02 - Substantial/maximal assistance | Helper does MORE THAN HALF the effort. Helper lifts or holds trunk or limbs and provides more than half the effort. |
| 01 - Dependent | Helper does ALL of the effort. Patient does none of the effort to complete the activity. Or the assistance of two or more helpers is required for the patient to complete the activity. |