

OUTCOMES MATTER

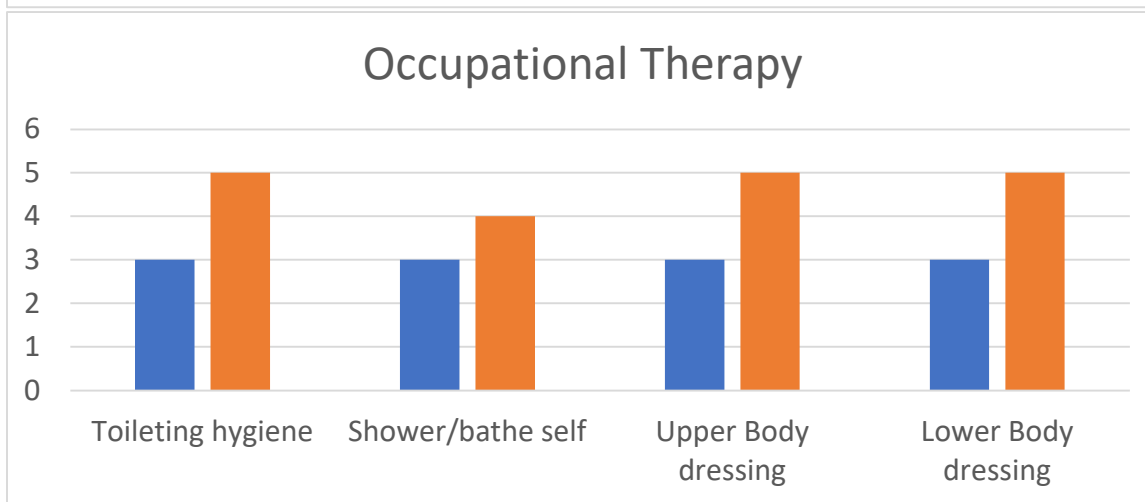
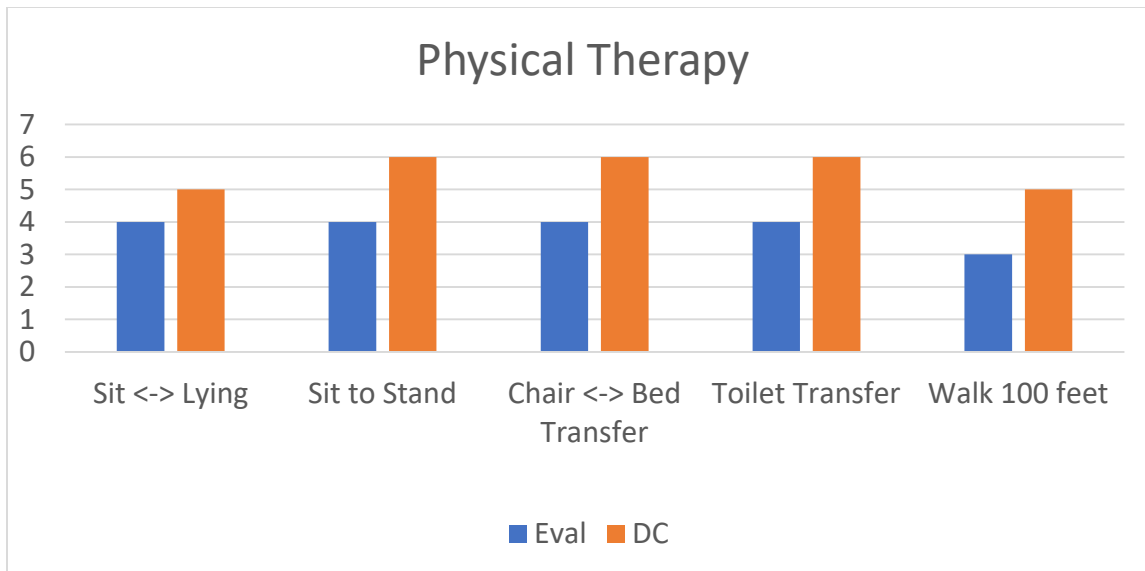


Mrs. Bohon is a 73 year old female who was admitted to **Willowbrook Nursing & Rehabilitation Center** on 2/22/2024 from an acute care hospital due to abdominal pain and was found to have an L3 spinal compression fracture and a renal mass.

PT evaluated Mrs. Bohon on 2/22/2024, and she was able to complete all bed mobility tasks with **Contact guard Assistance** and was able to perform transfers with **Minimal Assistance** and could ambulate using a Rollator requiring Contact Guard Assistance. A wheelchair was recommended for long distances. Prior to her hospitalization, Mrs. Bohon was modified independent with all ADLs, transfers, and was able to ambulate using a Rollator Walker. PT set goals to focus on improving functional transfers, and balance with the goal of discharging home with support of her husband.

OT evaluated Mrs. Bohon on 2/24/2024. She required Moderate Assistance with performing all toileting tasks and **Minimal assistance** during toileting transfers. Mrs. Bohon required **Moderate assistance** for upper body dressing and Back-brace, and she required **Moderate Assistance** with lower-body dressing and shower/bathing. OT set goals to address increasing B UE strength to improve Mrs. Bohon's ability to perform functional mobility, community mobility, and ADLs, as well as to perform transfers to/from shower with **Modified Independence** (assistive device or extra time needed.).

Following 9 days of skilled nursing and therapy services, Mrs. Bohon made significant functional gains with PT and was able to perform all bed mobility and transfers with Modified Independence. She was able to ambulate **300 ft** with a Rollator walker with Modified Independence. She also made significant gains with OT and was now able to perform all Activities of Daily Living with **Stand-by assistance to contact guard assistance**. Mrs. Bohon was able to safely discharge home with her husband and with home health of her choice on 3/1/2024.



MDS Section GG Functional Scores	
06 - Independent	Completes the activity by him/herself with no assistance from a helper
05- Setup or clean-up assistance	Helper sets up or cleans up; patient completes activity. Helper assists only prior to or following the activity.
04 - Supervision or touching assistance	Helper provides verbal cues and/or touching/steadying and/or contact guard assistance as patient completes activity. Assistance may be provided throughout the activity or intermittently.
03 - Partial/moderate assistance	Helper does LESS THAN HALF the effort. Helper lifts, holds, or supports trunk or limbs but provides less than half the effort.
02 - Substantial/maximal assistance	Helper does MORE THAN HALF the effort. Helper lifts or holds trunk or limbs and provides more than half the effort.
01 - Dependent	Helper does ALL of the effort. Patient does none of the effort to complete the activity. Or the assistance of 2 or more helpers is required for the patient to complete the activity.